

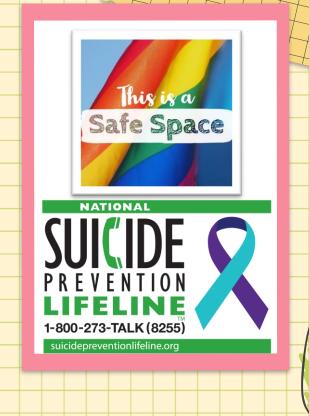


# Safe Space

A place where you are free to express yourself , in a true open way.

**Confidentiality**- What you share with your counselor is kept between us UNLESS you are at risk for harming yourself or others or you give them permission to do so.

September is Suicide Prevention Awareness Month

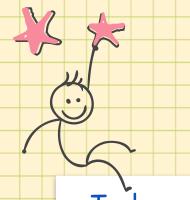


#### The Basics



Here's the 411 as a Freshmen:

- 1. What is a GPA? Grade Point Average means average of the grades attained in each course
- 2. How many Credits do I need to Graduate? 24 Total Credits
- 3. How many Volunteer Hours do I need for Graduation? 40 Minimum,100 Bright Futures, 250 Silver Cord. <u>Handsonbroward.org</u> is a great place to start!
- **4. When can I Start Applying for Scholarships?** Now! See Naviance and Raise.me, your School Counselor, Mr. Congdon, BRACE Advisor
- 5. I am struggling in my class, what do I do? Speak to your teacher, speak to counselor for peer counselor information, speak to parents to request parent teacher conference.
- 6. What are some ways to be successful this year?
  - Maximize your time in Study hall by catching up on homework, studying, and brain breaks.
  - Communicate! You are your best advocate. Email teachers to maintain communication. Visit Guidance during your lunch or study hall.
  - Join a club, sport, and/or start Volunteering. This is your year to dabble and find things
    You like, and meet people who have similar interests!
  - Canvas, Pinnacle, and Virtual Counselor are your online best friends to all things academics, and keeping track of Your grades, credits, GPA, and attendance.



## Naviance



### Tasks

- 1. Update Email
- **2.** Transition to High School Survey Strengths Explorer

# Transition Survey

- Click About Me on top
- Go to "Surveys from My School"
- Go to "Broward High School Transition Survey"
- BEGIN (-:







